



The Clubs at Charles River Park

The Wellness Center at MGH

SUMMER RULES & REGULATIONS

General

- All members are required to have their picture taken for security purposes.
- You must use your membership card for admittance into the facility.
- We require all guests to be accompanied by a club member.
- This is a non-smoking facility. Smoking is banned in all buildings and on grounds owned or occupied by Massachusetts General Hospital.
- Use of water guns or similar water toys is prohibited throughout the facility.
- Cabanas and the area designated for cabana users are private; those not renting or visiting a cabana are prohibited from occupying this space.
- Please be courteous of your cabana neighbors and other members on pool deck (no loud music, yelling, etc....)
- Please be aware of your children's whereabouts at all times. Children are not allowed to climb on fences, the indoor pool dome, or the health club roof.
- Please keep cell phones usage to a minimum on pool deck. If at all possible, please use the vibrate mode.
- Please help us keep the club clean – dispose of trash in designated waste receptacles.
- Animals are not allowed in the facility at any time.
- Towels are the property of The Clubs and are not to be removed from the facility.
- Thongs or topless female sunbathing are prohibited throughout the facility.
- Cutoffs or t-shirts may not be worn in the pool.
- The Clubs at Charles River Park are not responsible for lost or stolen items.

Children & Youth

- Youth classified ages 2 - 17 years old.
- All infants and toddlers must wear water diapers in all pools.
- Changing diapers or children's clothes is only allowed in the restrooms or locker room.
- All youth are prohibited in the fitness center.
- All youth are prohibited in the indoor pool area except during swim lessons.
- Members under the age of 15 must be accompanied by an adult member when entering and using the facility.
- An adult **MUST** accompany all youth when using the locker room. The parent/guardian is responsible for the behavior of the youth in the locker room.



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SUMMER RULES & REGULATIONS (CONTINUED)

Outdoor Facility Safety Guidelines

- Ball playing, running, skating, riding scooters, youth's riding toys or any activities of this nature is prohibited throughout the facility or outside the front gate. Adults are permitted to walk bikes through the gate and into the facility to be locked at the bike rack. However, youth are not permitted to bring scooters or other riding toys past the front gate of the health club. They may be locked at a bike rack outside or stored in the front office.
- No ball playing, throwing games, or chicken is allowed in the pools.
- No spinning jumps, flips, jumping onto floats or other swimmers.
- No mermaid tails or other clothing, equipment, etc. that limits swimmer's ability to move.
- Only "Donut" floats, foam noodles and Coast Guard approved life jackets are allowed in the pool.
- The left side of the swimming pool is available to all members. The right side of the pool is reserved for adults and adults with infants. Please note: the right side is accessible to members of all ages when camps are visiting the pool and after August 1st.
- The children's wading pool is reserved for children under the age of 6, accompanied and supervised by an adult.
Parents must be within arms reach of non-swimmers at all times.
- In the event there is a storm, all pools and pool decks will be closed at the first sign of lightning or thunder. No one will be allowed back in the pool areas until 30 minutes has passed from the last sign of lightning or thunder. Lifeguards will immediately notify all pool users by blowing their whistles.
- Lifeguard chairs are for lifeguards only.
- No hanging on lane lines.
- No playing on steps or ladders in the pool.
- No glass allowed on pool deck.
- The lifeguards reserve the right to administer a swim test before allowing privileges to the big pool.
- Lap lanes are for swimming only.
- No eating or drinking while in the pool.
- The Clubs at Charles River Park staff has the authority to enforce all rules and regulations.

These rules were developed to provide safety and enjoyment for all members and guests. Disregarding the above rules and regulations may result in termination of membership with no refund.